PRIDE SC Winter Training Schedule NOVEMBER 2019

Se-6pm	Day, Date	Time	Court 5	Court 6	
Monday, Nov 11	Sunday, Nov 10	5-6pm	U14G Premier		
Separation		6-7pm	U14B Premier - Copa		
Fitness/Speed (U13-U18)			Court 5 Court 6		
Tuesday, Nov 12	Monday, Nov 11	5-6pm	Fitness/Speed (U9-U12)		
Tuesday, Nov 12		6-7pm	Fitness/Speed (U13-U18)		
Si30-7:30pm			Court 5	Court 6	
Court 5	Tuesday, Nov 12	5:30-6:30pm	U13B Premier	U14B Premier - Samba	
Signo-6:30pm		6:30-7:30pm	Juniors (U5-U6)	Juniors (U7-U8)	
6:30-7:30pm			Court 5	Court 6	
Timesday, Nov 14	Wednesday, Nov 13	5:30-6:30pm	U12-U13G Premier/Intermediate	U10-U11G Premier/Intermediate	
Court 5		6:30-7:30pm	U8-U9G Premier/Intermediate	U9-U10B Premier/Intermediate	
Thursday, Nov 14		7:30-8:30pm	U11B Premier	U11-U12B Intermediate	
G:30-7:30pm	Court 5 Court 6				
Timesday, Nov 20 Signorial signo	Thursday, Nov 14	5:30-6:30pm	U8B Premier		
Court 5		6:30-7:30pm	U10B Premier		
Sunday, Nov 17		7:30-8:30pm	U12B Premier		
G-7pm	Court 5 Court 6				
Court 5	Sunday, Nov 17	5-6pm	U14G Premier		
S-6pm		6-7pm	U14B Premier - Copa		
G-7pm	Court 5 Court				
Court 5	Monday, Nov 18	5-6pm	Fitness/Speed (U9-U12)		
Tuesday, Nov 19		6-7pm	Fitness/Speed (U13-U18)		
G:30-7:30pm Juniors (U5-U6) Juniors (U7-U8)	Court 5 Court 6				
Court 5 Court 6	Tuesday, Nov 19	5:30-6:30pm	U13B Premier	U14B Premier - Samba	
Wednesday, Nov 20		6:30-7:30pm	Juniors (U5-U6)	Juniors (U7-U8)	
G:30-7:30pm	Court 5 Court 6				
Timesday, Nov 21 Signorm U11B Premier U11-U12B Intermediate	Wednesday, Nov 20	5:30-6:30pm	U12-U13G Premier/Intermediate	U10-U11G Premier/Intermediate	
Thursday, Nov 21 5:30-6:30pm U8B Premier 6:30-7:30pm U10B Premier 7:30-8:30pm U12B Premier Court 5 Court 6 Sunday, Nov 24 5-6pm U14G Premier 6-7pm U14B Premier - Copa Court 5 Court 6 Monday, Nov 25 5-6pm Fitness/Speed (U9-U12) 6-7pm Fitness/Speed (U13-U18) Court 5 Court 6 Tuesday, Nov 26 5:30-6:30pm U13B Premier U14B Premier - Samba 6:30-7:30pm Juniors (U5-U6) Juniors (U7-U8) Court 5 Court 6 Wednesday, Nov 27 5:30-6:30pm U12-U13G Premier/Intermediate U10-U11G Premier/Intermediate 6:30-7:30pm U8-U9G Premier/Intermediate U9-U10B Premier/Intermediate		6:30-7:30pm	U8-U9G Premier/Intermediate	U9-U10B Premier/Intermediate	
Thursday, Nov 21		7:30-8:30pm	U11B Premier	U11-U12B Intermediate	
G:30-7:30pm			Court 5	Court 6	
T:30-8:30pm	Thursday, Nov 21	5:30-6:30pm			
Court 5 Court 6 Sunday, Nov 24 5-6pm U14G Premier 6-7pm U14B Premier - Copa Court 5 Court 6 Monday, Nov 25 5-6pm Fitness/Speed (U9-U12) 6-7pm Fitness/Speed (U13-U18) Court 5 Court 6 Tuesday, Nov 26 5:30-6:30pm U13B Premier U14B Premier - Samba 6:30-7:30pm Juniors (U5-U6) Juniors (U7-U8) Court 5 Court 6 Wednesday, Nov 27 5:30-6:30pm U12-U13G Premier/Intermediate U10-U11G Premier/Intermediate 6:30-7:30pm U8-U9G Premier/Intermediate U9-U10B Premier/Intermediate			U10B Premier		
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7:30-8:30pm U11B Premier U11-U12B Intermediate		6:30-7:30pm	U8-U9G Premier/Intermediate	-	
		7:30-8:30pm	U11B Premier	U11-U12B Intermediate	

All Sessions at Eastside Athletics, 11435 Lithopolis Rd, Lithopolis, OH 43136

Contacts:

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